



## Market Update: January 31, 2022

**“Good things grow in Ontario”:**

Macintosh Apples, Honeycrisp Apples, Gala Apples, Courtland Apples, Empire Apples, Northern Spy Apples, Gold Delicious Apples, Red Delicious Apples, Beets, Bok Choy, Napa, Cabbage, Celery Root, Cucumber English, Mushrooms, Onions (Cooking), Hot house Tomatoes, Cluster Tomatoes, Parsnips, Micro Sprouts, Bean Sprouts, Potatoes (Yukon, Russet),

**Alert: Multiple Products up in price do too Transportation, Seasonal and product Availability.**

### **Fruit**

#### **Apples**

Good availability on both Ontario and Washington apples as more new crop varieties become available.

Macintosh, Gala, Honeycrisp, Courtland, Empire, Northern Spy, Red and Golden Apples are available

#### **Pears**

Bartlett, Bosc and Anjou are available, Product from USA new Crop

#### **Melons**

We have good availability on Cantaloupes from Honduras, Honeydew size 8's from Costa Rica, Watermelons from Mexico

#### **Grapes**

We have great quality on South Africa Red and Peruvian Green Grapes. Sweet Black and Red Globe Grapes (very Limited) are SPO

#### **Kiwi**

Product of New Zealand. Golden Kiwi is now available Special Order only.

## Citrus

### **Clementines**

Product from Morocco, 15x2lb, 30lb, and 4lb Cases now available

### **Oranges**

Product of USA. Cost is Currently High, waiting on the Spanish Crop to be ready

### **Juice Oranges**

Product from Florida, Sealed Sweet Brand, very good Quality

### **Grapefruit**

Product from South Africa

### **Lemons**

Quality is good, Product of USA/Spain, Price Still High, Should come down soon

### **Limes**

Great Quality we have Switched to 48 count and 230 count only.

### **Pineapple**

Excellent Quality, Product of Costa Rica, Price Has come down.

## Berries

### **Blackberries**

Market steady and good availability from Mexico.

### **Raspberries**

Raspberries product of Mexico.

### **Strawberries**

Strawberries product of Florida/Mexico, Good Volumes

### **Blueberries**

Product of Mexico, Limited Product

## Vine and Tropical

### **Bananas**

Product from Costa Rica and Ecuador, Price has come down but not to normal

### **Stone fruit**

Chilean Season almost at the end. Peaches, Nectarines, and plums (SPO only)

### **Avocados**

We have seen a further slowing in harvest from Mexico. Product is coming in green and hard.

### **Pomegranates**

Pomegranates from Israel are available with good volume. And good sizing (Jumbo).

### **Mangoes**

Mangoes from Mexico are available with good volume.

# Vegetables

## Broccoli

Moderate supplies as the US bunch market is getting active. Expecting strong market for a while, the Price has come down slowly  
Broccoli Crowns are available with limited quantities.

## Cauliflower

Product of USA, Very Limited Quantities currently at the market, the Price has come down slowly

## Cabbage

Local Red and Green Cabbage is now available, Savoy Special Order

## Eggplant

Eggplant is now from USA/Mexico

## Brussels Sprout

Product from Mexico, near the end of the season, waiting for new crop USA

## Asparagus

Product from Mexico, back to 11lb Cases

## Beans

Green Beans are Mexican now

## Peppers

Yellow, Red and Orange Peppers Are Green House Grown, Green Peppers are product of USA/Mexico

## Celery

Product of USA, Price still high on this product

## Seedless Cucumbers

We are now into Ontario cucumbers. Looks like there will be good Ontario product from here on. Very Limited Quantities currently at the market

## Lettuce & Greens

Iceberg Lettuce, Romaine is Product of Arizona

## Hot House & Cluster Tomatoes

Product of Canada, Cluster Tomatoes are SPO

## Tomatoes

Grape Tomatoes, Roma Tomatoes are Product of Mexico.

All round tomatoes cost has come down Product of East Coast USA

## Onion

Red, Spanish, White, Sweet and cooking Onions Now available

## Squash

Product of Mexico, Price is up. Local Season is Finished

## Carrots

Market remains steady with good quality, Product of Canada

## Corn

USA corn cost is still very high and very Limited this week

## **Zucchini**

Product of Mexico, Yellow Zucchini is available

## **Potatoes**

White Potatoes, Yukon Gold Potatoes, and Russet Potatoes. [Bud the Spud](#)

### **Good Buys**

Red Peppers 11lb

Yellow Peppers 11lb

Orange Peppers 11lb

Local Radishes

Local Hot House Tomatoes

Local Cabbage

Sweet Potatoes

Local Jumbo Carrots

Bud The Spud Potatoes

